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1 **Classification:** Biological Sciences (Environmental Sciences)

2

3 **A global-level assessment of the effectiveness of protected areas at resisting**
4 **anthropogenic pressures**

5

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19 **Abstract**

20 One-sixth of the global terrestrial surface now falls within Protected Areas (PAs) making it essential to
21 understand how far they mitigate the increasing pressures on nature which characterize the
22 Anthropocene. In by far the largest analysis of this question to date and not restricted to forested PAs,
23 we compile data from 12,315 PAs across 152 countries to investigate their ability to reduce human
24 pressure, and how this varies with socio-economic and management circumstances. While many PAs
25 show positive outcomes, strikingly we find that compared with matched unprotected areas PAs have on
26 average not reduced a compound index of pressure change over the past 15 years. Moreover, in tropical
27 regions average pressure change from cropland conversion has increased inside PAs even more than in
28 matched unprotected areas. However, our results also confirm previous studies restricted to forests
29 where pressure, albeit increasing, did so less than in their counterfactual. Our results also show that
30 countries with high national level development scores have experienced lower rates of pressure
31 increase over the past 15 years within their PAs compared with a matched outside. Our results caution
32 against the rapid establishment of new PAs without simultaneously addressing the conditions needed to
33 enable their success.

34 **Keywords:**

35 Counterfactual; Human Development Index; Human Footprint; Impact assessment; Management
36 effectiveness; Performance; Pressure; Protected area; Terrestrial

37 **Significance statement:**

38 Protected areas are a key strategy for conserving nature and halting the loss of biodiversity. Our results
39 show that while many protected areas are effective, the large focus on increasing terrestrial coverage
40 toward 17% of Earth surface has led to many failing to stem human pressure. This is particularly the
41 case for non-forested areas, which has not been assessed in previous analysis. Thus, we show that
42 relying only on studies on remote-sensed forest cover can produce a biased picture of the effectiveness
43 of protected areas. Moving forward beyond the current Biodiversity targets, there is a need to ensure
44 that quality rather than quantity is better integrated and measured.

45 **Introduction**

46 The Anthropocene is characterized by an unparalleled “human impact on the global environment” (1)
47 leading to dramatic declines in biodiversity and potentially the first mass extinctions brought on by a
48 single species (2). To reverse this trend, a growing number of Multilateral Environmental Agreements
49 have been adopted, most importantly the Convention on Biological Diversity (CBD) (3). A chief
50 instrument of the CBD is the Strategic Plan for Biodiversity 2011-2020, whose Aichi Targets call for
51 the protection of 17% of the Earth and 10% of the oceans (4). This has resulted in the rapid expansion
52 of the global network of protected areas (PAs), which currently cover ca. 15% of the terrestrial surface
53 and 7% of the world’s oceans (5). This is an impressive policy achievement, but merely designating
54 PAs does not ensure protection of biodiversity. PAs must deliver real conservation benefits by
55 buffering the wild populations and habitats they contain from human pressures on the environment.

56
57 Despite wide recognition of the importance of understanding the role PAs in conserving biodiversity
58 (6) assessing the performance of PAs has proved challenging and evidence remains relatively sparse (7)
59 although more recent studies have started to examine PA performance. Reviews of case-studies have
60 shown that PAs can be and often do contribute to the persistence of biodiversity (7) and for many of the
61 worlds flagship species PAs are now their only remaining stronghold (8). Using remotely sensed
62 vegetation data, studies have shown that while PAs are losing forest, these losses on average are less
63 inside than outside PAs (9-13). Other studies have related observed biodiversity changes inside PAs to
64 conditions immediately outside (finding that PAs surrounded by more disturbed landscaped performed
65 worse (14)) to socio-economic conditions and governance (finding PAs in more developed countries to
66 be more effective (9, 15)), and to management capacity and resources (finding that more adequately
67 resourced PAs perform better (16)). However, these studies have been restricted in scope by the
68 availability of remote-sensed data for only one habitat (i.e. forest) or the subset of PAs with in-situ
69 monitoring of only a subset of the biodiversity values of the PAs. Further, assessing the performance of
70 existing PAs requires counterfactual thinking (17) – comparing outcomes to what would most likely
71 have happened if PAs had not been established. This is important because PAs are not randomly
72 located in the landscape but often biased towards remote areas where pressures on nature are expected
73 to have remained low even without formal protection (18). Without explicitly accounting for this
74 contextual bias in the location of PAs, changes in conservation outcomes cannot be convincingly
75 attributed to PA designation.

76

77 To measure the ability of PAs to mitigate pressure, we used the Temporal Human Pressure Index
78 (THPI - the first global spatially explicit data-layer on recent temporal changes in human pressure over
79 15 years from 1995). Our measure of THPI has two important strengths. First, our global measure of
80 pressure, while not perfect, is not biased by a specific habitat type (i.e. forest) or a potentially non-
81 representative monitoring effort. Second, the global coverage allows us to compare changes inside PAs
82 with changes in unprotected areas similar to our PAs in terms of their initial exposure to pressure and
83 location biases (i.e. their counterfactual). We use this to assess the performance of 12,315 PAs (Fig 1) .
84 Our sampled PAs are from 152 countries and together covered 81.8% of the 1995 global PA estate by
85 area (the start-date for the THPI). To investigate large scale geographical differences, we examined PA
86 performance for the Afrotropics, Australasia, Indomalaya, the Nearctic, the Neotropics, and the
87 Palearctic respectively. Additionally, we wanted to understand the role of site-level factors, such as PA
88 design and management, as well as system-level factors, such as national land-use planning and
89 legislation in mitigating human pressure. All factors that have been linked to the performance of PAs
90 (19). To test this, we examined the relationship between our measures of PA performance and a suite of
91 contextual factors for which we had data for 11,491 of the PAs. Finally we included the most widely
92 applied site-specific assessment of PA management (the Management Effectiveness Tracking Tool
93 (METT)) to examine the role of management inputs for a smaller subset of 407 PAs for which we had
94 METT data.

95 **Results**

96 Across all six realms, PAs experienced increased human pressure (as revealed by positive THPI scores)
97 over the period 1995-2010, with the largest increases observed in Indomalaya (mean = 5.53, S.E. =
98 0.12), followed by the Afrotropics (mean = 2.95, S.E. = 0.05), and the smallest in Australasia (mean =
99 0.27, S.E. = 0.02) and the Nearctic (mean = 0.14, S.E. = 0.03) (Fig. 2a). Comparing THPI scores inside
100 PAs to their counterfactual, we found that PAs underwent lower pressure increases over the last 15
101 years than the counterfactual in the Palearctic (Df = 40,073 $F = 2934$, $p < 0.001$), Australasia (Df =
102 8,912, $F = 388$, $p < 0.001$), and the Nearctic (Df = 18,670, $F = 520$, $p < 0.001$). However, changes in
103 pressure over the past 15 years were significantly higher inside PAs than in the counterfactual in
104 Indomalaya (Df = 5,878, $F = 319$, $p < 0.001$), the Afrotropics (Df = 24,747, $F = 2540$, $p < 0.001$) and
105 the Neotropics (Df = 18,645, $F = 592$, $p < 0.001$). These results are counter to previous studies that
106 have been restricted to using avoided deforestation as a proxy for effectiveness. To examine this
107 discrepancy between our results from forested PAs, we replicated previous analysis for the Brazilian
108 Amazon (11, 13), Malagasy forested PAs (12), and forested Sumatran PAs (20) covering the three

109 realms. Our results, restricted to forested areas from these regions collaborated previous matching-
110 studies and showed that for forested PAs, pressure has increased less inside than in the counterfactual,
111 highlighting a key difference in the patterns found in forest and those we show for non-forested
112 habitats.

113

114 When disaggregating these patterns by the three components of the THPI, Indomalaya experienced the
115 largest increase in both PAs and unprotected lands in terms of human population density (Fig 2b),
116 nightlights (Fig 2c) and agriculture (Fig 2d). Comparing the individual THPI components inside versus
117 outside PAs, we found that agriculture expanded more over the last 15 years inside than matched
118 outside PAs in Indomalaya ($F = 551, p < 0.001$), the Afrotropics ($F = 2,329, p < 0.001$), and the
119 Palearctic ($F = 3,420, p < 0.001$), while differences in changes in agriculture, albeit significant were
120 indistinguishable between PAs and their counterfactual in the Nearctic ($F = 850, p < 0.001$),
121 Australasia ($F = 934, p < 0.001$), and the Neotropics ($F = 577, p < 0.001$) (Fig 2d). For human
122 population density, there was little difference in 15-year changes between PAs and the counterfactual
123 (Fig 2b), expect for in the Afrotropics where population growth was lower inside PAs ($F = 916, p <$
124 0.001), and the Neotropics where increases in population numbers were higher inside PAs than the
125 counterfactual ($F = 163, p < 0.001$). PAs in the Nearctic ($F = 227, p < 0.001$), Palearctic ($F = 2,335, p$
126 < 0.001), Afrotropics ($F = 377, p < 0.001$), and in Indomalaya ($F = 220, p < 0.001$) had smaller
127 increases in nightlight densities than the counterfactual (Fig 2c). These patterns were similar when
128 looking at changes across landcover classes, where agriculture increased more inside PAs than in their
129 counterfactual across most vegetation types, in particular, in grassland, consistent with the sub-analysis
130 for forested PAs (SI Appendix, Fig S1). Conversely PAs across all vegetation types were effective at
131 stemming pressure from humans and night lights.

132

133 To examine what factors contribute to the performance of PAs we calculated a relative effectiveness
134 score for each PA, as the difference between the mean change in THPI inside PAs and the mean change
135 in THPI for the counterfactual. We did this both for the full set for which we had contextual variables
136 and the subset for which we in addition had METT assessments. We tested the non-biome corrected
137 Human Influence Index (HII), elevation, mean road density, travel distance to nearest city, Gross
138 Domestic Product (GDP), national-level Human Development Index (HDI), Transparency
139 International's Corruption Index, mean slope, mean elevation, and PA size as independent variables in
140 our full model and ran all possible model combinations using these variables to select the most
141 parsimonious model based on Akaike information criterion (AIC). For the global set of PAs ($n =$

142 11,491), the best-fit model contained: mean slope (Estimate = 0.041, S.E. = 0.001, $t = 4.19$), mean road
143 density (Estimate = -0.055, S.E. = 0.011, $t = -4.84$), HII (Estimate = -0.038, S.E. = 0.011, $t = -3.27$),
144 and HDI (Estimate = -0.056, S.E. = 0.016, $t = 3.55$) (Fig 3a). For the METT subset ($n = 407$) the best-
145 fit model showed a relationship between PA effectiveness and HII (Estimate = -0.112, S.E. = 0.053, $p =$
146 0.037) and HDI (Estimate = -0.091, S.E. = 0.053, $p = 0.085$) (Fig 3b). Thus, PAs experiencing a greater
147 reduction in pressure (relative to the change in the counterfactual) were associated with higher initial
148 human pressure and found in countries with greater human development scores for both the global
149 sample and the METT subset. In addition, for the global sample, PAs with higher density of roads and
150 more even terrain had better relative effectiveness scores. None of the management dimensions were
151 present in the most parsimonious model for the METT subset.

152 **Discussion**

153 This is by far the largest analysis of PA performance investigating the ability of PAs to reduce human
154 pressure. However, despite the THPI using all available global pressure layers for which multiple
155 temporal assessments exist (21), it still lacks many important dimensions of threats to biodiversity (e.g.
156 hunting, climate change, invasive species), and is thus only a partial measure of pressure changes
157 within and around PAs. However, we believe our analysis adds an important piece for two reasons.
158 First, except for forest cover, no change-metric of biodiversity exist for which counterfactual analysis
159 can be conducted (15, 16). Two, while the goal of PAs is to conserve biodiversity; pressure reduction is
160 a core-element of conservation interventions and in most parts of the world a necessity to achieve
161 improved conditions for biodiversity (22).

162
163 Our results show that, on average, human pressures have increased inside PAs, with the greatest
164 changes observed in the tropics, characterized by low HDI and low initial pressure. This makes clear
165 that by their designation alone PAs are not a panacea. Previous studies have found increased pressure
166 inside PAs, but without relating this to an appropriate control (23, 24). Alarmingly, by comparing
167 pressure changes inside PAs to the counterfactual, our results show that in the tropics pressure have
168 even increased more inside PAs than in their counterfactual. Notably, this was not the case for the
169 subset of forested PAs we tested, where pressure increases were higher in the counterfactual than the
170 PAs. Thus, our results do not suggest that the PAs have failed, and indeed many of the included PAs
171 have seen changes inside that are more positive than in the counterfactual. However, they indicate that
172 establishing a large number of PAs without ensuring appropriate mechanism and resources to stem
173 human pressure can led to average negative treatment effects. These ineffective PAs risk displaying

174 limited resources from sites under high pressure and of importance to biodiversity while also
175 diminishing the credibility of one of the most important tools for biodiversity conservation by
176 swamping the many effective PAs. In this light, the last decade's ambition to reach 17% terrestrial
177 coverage could be worrying if not accompanied by enough resources to ensure they decrease pressure
178 and improve ecological conditions. That we find similar patterns to previous analysis that was limited
179 to forests (9-13), confirm that PAs can reduce biodiversity loss. However, that our results are less
180 encouraging for habitats for which no other analysis exists, also indicate that our dependence on
181 available data, restricted to forest loss, might have led to conclusions drawn on a non-representative
182 sample of PAs leading to an overestimation of the average effectiveness of the global PA estate outside
183 forested regions.

184

185 While our data and global approach cannot gauge the causal mechanism underlying this pattern, we
186 identify three potential causes. First, the establishment of PAs can weaken the tenure rights of
187 indigenous and local communities, eroding their authority to deter outsiders and providing
188 opportunities for other people or companies to enter the reserve. In this way PA designation can spur
189 encroachment rather than prevent it (25). Studies looking at PA downgrading, downsizing, and
190 degazettement (PADDD) have found that many PAs, particular in the tropics, experience reduced
191 effectiveness inside their boundaries associated with resource extraction and development as well as
192 local land claims (26, 27). Second, formal protection can undermine collective long-term resource-
193 management regimes leading to local communities over-exploiting previously sustainably used
194 resources (28). Third, while ensuring the livelihood of local communities in and around PAs is
195 increasingly integrated in to PA objectives, protection can lead to loss of economic opportunities
196 resulting in illegal use of resources from within the PA (29). Thus, where PA-management is weak and
197 under-resourced, tenure rights to non-protected land might actually offer a stronger deterrent from
198 illegal and unsustainable activities, at least in the short term. Several studies have indeed shown that
199 indigenous and community managed reserves can reduce forest loss, sometimes more than traditional
200 PAs (9, 13, 30) highlighting the importance of exploring types of protection that better integrates local
201 actors and stakeholder. However, beyond national level metrics (i.e. HDI), we have not been able to
202 include this in our analysis because of the lack of standardized global data on such governance types at
203 the PA level. This can also have implications for the counterfactuals used in our analysis which can
204 include areas not formally protected but still under a tenure regimes that includes biodiversity
205 considerations (9).

206

207 Our model of predictors of PA performance showed that PAs located in areas of lower initial human
208 pressure and limited human access experienced the highest increase in pressure compared with their
209 counterfactual. This suggests that the most remote PAs that had low human pressure in 1995 have
210 suffered more from increased human pressure than PAs under greater initial pressure. Similar patterns
211 have been observed for changes in wildlife populations (15) and forests (11), and might be because
212 PAs that are out of sight and out of mind are more permeable to illegal and damaging activities, or
213 because of people moving into frontier areas that offer opportunities for farming. Alternatively, our
214 results could indicate that PA planning is effectively targeting areas of disproportionately high
215 pressure, using site-specific knowledge not captured by our available matching variables. That PAs in
216 more remote and wild places are experiencing greater pressure increases is alarming. The remaining
217 wilderness plays an essential and irreplaceable role in maintaining our most rare and threatened
218 biodiversity (31) and particularly in the tropics, houses a disproportionate amount of the Earth's
219 biodiversity (32). Thus, ensuring that PA in these regions are effective is a global priority. However,
220 conservation efforts in many of these regions are heavily underfunded (33, 34) and in need of
221 significant additional resources if we are to reverse the current trajectory of pressure increases.

222
223 Our finding that human development is correlated to PA performance support the argument that
224 establishment is not enough (6, 16). Similar relationships between protection and socio-economic
225 factors have been shown for water birds (35) and vertebrates more broadly (15) as well as for
226 deforestation (36). These PA-level results are also corroborated by the overall differences observed
227 between the developed and the developing world indicating that PAs in regions with lower human
228 development scores have not effectively mitigated recent increases in human pressure. Lower human
229 development scores can be linked to poor PA performance in a variety of ways including through
230 increased corruption (37), weak law enforcement (38), and reduced engagement from stakeholders
231 (39). Our results thus suggest that PA management does not begin at the reserve boundary but requires
232 more systemic changes and that without such processes in place, even well-resourced PAs are unlikely
233 to succeed (14).

234
235 Disaggregating the THPI, our results show that increases in human population density and nightlights
236 have been smaller inside PAs compared to matched areas outside, throughout the world and vegetation
237 types, except the Neotropics, and across the full range of national HDI scores. Both are potentially
238 significant indicators of environmental degradation and so the evidence that PAs are effective at
239 slowing their growth is encouraging. However, for agriculture the picture is less positive, with cropland

240 increasing more inside PAs over the past 15 years than in matched areas outside in most of the world.
241 This is particularly pronounced in the Afrotropics and semi-natural grassland, where the area of
242 cropland inside PAs increased at almost double the rate seen in matched unprotected lands. These
243 results align with results showing extensive contraction of savannah, and conversion to agriculture,
244 across Africa over the past five decades due to land-use changes (40), and with the findings of global
245 threat assessments, which show that agriculture is the most commonly reported threat to terrestrial
246 species in the IUCN Red List (21) and amongst the most common reported in PAs (41). The reasons
247 why PAs have failed to prevent agricultural encroachment will likely vary spatially in ways that our
248 data cannot disentangle. However, particularly in the tropics, the combination of rapid and continuing
249 population growth and the fact that most of the easily accessible unprotected land suitable for
250 agriculture was already under that use by 1995 (42), when combined with lower national level human
251 development scores (43) and higher corruption (44), might have contributed to making PAs more
252 vulnerable to recent agricultural conversion.

253

254 We were not able to find any association between PA performance and of the management dimensions
255 reported in METT data. We do not take this to mean that management is not important. Indeed,
256 previous studies have shown that capacity and resources are correlated with the persistence of
257 biodiversity in PAs (45) and similar results have been found for conservation spending more broadly
258 (33). Likewise, studies have shown the importance of involving local stakeholders (39), effective
259 enforcement (46) as well as having strong governance and management structures in place (11, 30, 47).
260 There are inherent issues with the management data used in this analysis (48) and previous studies have
261 seen variable, often non-conclusive results when correlating management effectiveness-scores to
262 conservation outcomes (49). Thus, our results highlight the importance of improving both the quantity
263 and quality of PA-management data as well as the effort to collect and collate these from the PAs. The
264 Aichi Targets calls for PAs to be “effectively and equitably managed” (4) but understanding to what
265 extent this is the case and, importantly; if effectively managed PAs cost-effectively contribute to the
266 protection of biodiversity is currently severely limited by the paucity of appropriate data.

267

268 Our results have significant policy implications as they show that PA designation and management do
269 not occur in a vacuum. Effective PAs are essential in ensuring the delivery of positive conservation
270 outcomes. Our results confirm that focusing only on area-based targets is not enough, and even if we
271 are on track to protect 17% of terrestrial Earth by 2020, we will not have achieved the Target 11 unless
272 these areas are effectively and equitably protected. Thus, looking beyond 2020 it will be essential to

273 ensure that future targets are not only ambitious but also measurable across all aspects of what makes
274 PAs effective. Associated with this will be a need for target-setting to prescribe and support the
275 collection of data to assess and evaluate future targets.

276 **Methods**

277 We used the Temporal Human Pressure Index (THPI) (24) which measures change in human pressure
278 over 15 years from 1995 at a resolution of approximately 77 km² across the terrestrial world. This data
279 layer is based on combining data on changes in human population density (from the Gridded
280 Population of the World (GPW) version 3 (50)), the density of night-visible infrastructure (Inter-
281 calibrated Stable Night Lights version 4 (51)), and the percentage of area under cropland (derived from
282 the History Database of the Global Environment (HYDE) version 3.1 (52)) giving equal weight to the
283 values of each variable to generate a composite measure of change in human pressure, scaled between
284 THPI = -100 (maximum decrease in pressure) and THPI = 100 (maximum increase in pressure). The
285 spatial resolution of the THPI was defined by the coarsest dataset (i.e. cropland), and human population
286 density and night-visible infrastructure was rescaled to this resolution (see Geldmann et al. (24) for
287 details). All three layers are developed using independently collected data for the different time-step.
288 While other static representations of human pressure (e.g. the 2009 Human Footprint (21)) have
289 included more components of pressure, their temporal version only include agriculture, human
290 population density, and stable nightlights similar to ours.

291
292 We used the January 2017 edition of World Database on Protected Areas (WDPA) for all spatial
293 analysis (53). All PAs established after 1995 and smaller than the resolution of the THPI were
294 removed, resulting in a final sample of 12,315 PAs while maintaining 81.8% of the land area protected
295 in 1995. After removing PAs smaller than the THPI grain size those in our sample had a mean area of
296 2,405 km², (S.E. = 666 km²), which is somewhat larger than that for the total PA estate (mean = 1,996
297 km², S.E. = 443 km²).

298
299 We used data derived by the Management Effectiveness Tracking Tool (METT) to measure PA-
300 specific management inputs and processes. The METT is a questionnaire-based assessment covering
301 more than 30 management activities, processes, and capacities which generally involve park-managers
302 and other stakeholders and has been applied in more than 2,000 PAs across the world (49) making it
303 the most widely used tool for site-specific management assessments. We used only METT assessments
304 conducted between 2003 and 2010 and with at least 25 of the 30 questions completed. For PAs with

305 multiple assessments over time, we used the first (e.g. oldest) assessment. Applying these quality filters
306 and after removing marine sites and assessments from PAs not established in 1995 the final METT
307 dataset consisted of 407 PAs. We grouped METT responses into four dimensions following Geldmann
308 et al. (16): 1) Design and Planning, 2) Capacity and Resources, 3) Monitoring and Enforcement
309 systems, and 4) Decision-making arrangements (Tab S1). Scores for each dimension were standardized
310 between 0 (absent from the PA) and 100 (fully sufficient to achieve PA objectives).

311

312 To account for the non-random location of PAs within countries (18), we used Propensity Score
313 Matching (PSM) which, despite some criticism, is the most widely used matching approach. We did so
314 only after also testing Coarsened Exact Matching (CEM) and assessing Mahalanobis Distance
315 Matching (MDM). Comparing the three matching methods showed that PSM in our case was far
316 superior to CEM and that MDM would require exclusion of 21% of the data to run (SI Appendix).
317 Matching was based on a suite of variables linked both theoretically and empirically to biases in PA
318 location: 1) elevation, 2) slope, 3) access, 4) temperature, 5) precipitation, 6) initial Human Footprint,
319 7) country, 8) land cover, 9) soil type, and 10) nutrient levels (18, 54). Matching was done without
320 replacement using ‘nearest neighbour’ for elevation, slope, access, temperature, precipitation, and
321 initial Human Footprint, and 0.25 standard deviations of the propensity scores as a cut-off in line with
322 Stuart (55). We used exact matching for country, land cover, soil type, and nutrient levels. This meant
323 that protected pixels were only compared to unprotected pixels in same country and habitat with the
324 closest match for climate, topography and initial pressure. Following matching, we discarded any
325 treatment pixel where the distance in propensity scores between treatment and control >0.1 to remove
326 potential outliers. We then estimated the performance of each PA by calculating the mean THPI for all
327 pixels within each PA relative to the mean THPI for all identified matching control pixels, following
328 Carranza et al. (56). This gave us an estimate for individual PAs that accounted for differences in
329 location and socio-economic context.

330

331 We divided the world in to six realms, following Olson et al. (57): 1) the Afrotropics, 2) Australasia, 3)
332 Indomalaya, 4) the Nearctic, 5) the Neotropics, and 6) the Palearctic. For each of these six realms we
333 calculated the average THPI for the sample of PAs, the matched outside and the entire unprotected
334 landscape. The same procedure was repeated for the three individual THPI components (i.e. change in
335 human population density, nightlight intensity, and cropland cover). For the global set of PAs we used
336 a Mixed Effects Model (GLMM) to assess the relationship between PA performance (i.e. the difference
337 between the mean change in THPI inside PAs and in the matched outside) with country as random

338 effect and 1) the mean initial Human Footprint inside each PA; using the non-biome corrected version:
339 the Human Influence Index (HII) (58), 2) mean elevation, 3) Gross Domestic Product (GDP) for 2005
340 (43), 4) national-level Human Development Index (HDI) for 2000 (43), 5) Transparency International's
341 Corruption Index (44), and 6) PA size (53) as fixed effects. These variables were judged to be the best
342 available proxies for factors expected to affect PA performance (SI Appendix, Tab. S2) (19). For the
343 407 PAs for which we had management data, we used a General Linear Model (GLM) with the same
344 explanatory variables as well as the four management dimensions. Model selection was based on the
345 Akaike Information Criterion (AIC) after assessing all possible combinations of predictors for each
346 model. For the METT subset, inspection of the residuals of the final model revealed some possible
347 deviations from the assumptions. To confirm the robustness of our conclusions, we re-estimated the
348 coefficients using a bootstrap-method for GLMs. This bootstrapping of the parameter estimates
349 confirmed that the parameter estimates were robust (SI Appendix).

350

351 The reported results are based on pixels to reduce the potential influence of smaller PAs for which the
352 resolution of THPI might be more problematic. However, the overall results did not change when
353 aggregated by PAs. Previous studies using matching has been constrained to forested PAs which might
354 explain the observed differences between our average results and those of existing studies. To test our
355 results against previous studies of PA performance, we conducted subset analyses corresponding to
356 published matching studies using the same geographic and habitat restrictions for the Brazilian
357 Amazon (11, 13), Madagascar (12), and Sumatra (20). Our results show that for all tested subsets;
358 patterns using the THPI collaborate findings using deforestation or fires (SI Appendix). This indicate
359 that our results are robust within previously studies habitats (i.e. forest), and that the differences
360 observed in average values in our study is likely due to patterns in PAs where no previous matching
361 studies exist.

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483 **Author contributions**

484 J.G. conceived the project. J.G. L.C. and N.D.B. prepared the data. J.G. with input from A.M. analyzed
485 the data J.G. wrote the manuscript, with input from all authors. All authors contributed to the paper.
486

487 **Fig. 1.** Map of the 12,315 PA existing in 1995 (blue) from the 152 countries included in the analysis,
488 across Afrotropic = 2,278, Australasia = 871, Indomalaya = 927, Nearctic = 2,468, Neotropic = 1,033,
489 and Palearctic = 4,738 as well as the 407 PAs for which METT data existed (crimson) Dark grey shows
490 the countries for which we had METT data.

491

492 **Fig. 2.** Mean change in pressure between 1995 and 2010 based on a: The Temporal Human Pressure
493 Index (THPI), b: Human population density, c: Stable Night Lights and d: Agricultural crop cover for
494 protected area (lightest grey), matched outside (light grey) and all unprotected are in the region (dark
495 grey). Positive values indicate that pressure has increased in the 15 years. Error bars are 1 standard
496 error. Scales in b-d have not been standardized, thus absolute values should only be compared within
497 plots.

498

499 **Fig. 3.** Standardized parameter estimates for the most parsimonious model, based on AIC for (a): the
500 global sample ($n = 11,491$) and (b): the subset for which we had METT scores ($n = 407$). Boxes
501 indicate 50% confidence interval and lines the 95% confidence interval. The parameter estimates are
502 based the relative effectiveness score (THPI in PA – THPI in the counterfactual), thus, negative
503 parameter-estimates means that PAs are more effective (i.e. increases are smaller inside PAs than the
504 counterfactual) as explanatory variables increase in value.